

CSL Championships

Deerfield HS
Deerfield, IL
10/13/2018

Deerfield Wins CSL North Conference Championship Meet!

Sweeps All Four Levels, Five Runners Named All-Conference

Varsity – 3 miles

PI	Name	Time
3	Bradley Brodsky (Sr)	15:20
5	Josh Puyear (So)	15:44
6	Ben Kraemer (Jr)	16:04
7	Cole Bernstein (Fr)	16:18
11	Jonathan Walkk (Sr)	16:23
16	Charlie Hart (So)	16:31
25	Jacob Nitsun (Jr)	16:52

Junior Varsity – 3 miles

PI	Name	Time
1	Declan Black (Sr)	16:35
2	Brett Needelman (Sr)	16:48
3	Mac Cooley (Jr)	17:08
4	Elai Spector (Jr)	17:09
6	Jason Dahlberg (Jr)	17:17
8	Joe Ariano (Jr)	17:42
17	Micah Plofsky (Jr)	18:25
24	Matthew Kroscher (Jr)	18:38
28	Jeremy Plofsky (Jr)	18:49
34	Coby Segal (Jr)	19:34
50	Noah Seed (Sr)	20:51

Sophomore – 3 miles

PI	Name	Time
1	AJ Osborn (So)	16:53
2	Ben Zamler (So)	16:53
7	Joe Healy (So)	17:26
10	Ethan Friedman (So)	17:37
11	Jonah Kaplan (So)	17:39
14	Zack Greco (So)	17:55
18	Brent Meilman (So)	18:09
21	Hayden Katz (So)	18:22
25	Thomas Hu (So)	18:39
26	Ben Spiegel (So)	18:40
27	Mark Goldenberg (So)	18:42
29	Brendan Beamer (So)	18:48
30	Jeremy Rosenblum (So)	18:48
33	Asher Kriegel (So)	18:51
36	Sam Voigt (So)	18:57
38	Jake Goldstone (So)	19:16
43	Israel Becerra (So)	18:33
48	Logan Lofland (So)	19:46
49	Max Dunn (So)	19:46
50	Reid Wilson (So)	19:49
54	Zach Luke (So)	20:31
61	Spencer Vernier (So)	22:07
62	Brian Reich (So)	22:09
63	Max Bolon (So)	22:22
64	Drew Shore (So)	22:30
66	Tyler Nagelbach (So)	22:46

Freshmen – 2 miles

PI	Name	Time
1	Alex Luo (Fr)	11:13.2
2	Ryan Bernstein (Fr)	11:13.8
3	Lucas Moskowitz (Fr)	11:31.3
6	Ethan Blacher (Fr)	11:59.9
9	Jonah Satyr (Fr)	12:05.7
13	Evan Morris (Fr)	12:33.0
14	Ben Flaxman (Fr)	12:36.8
16	TC Foufas (Fr)	12:41.2
17	Robert Getty (Fr)	12:44.2
19	Noam Dor (Fr)	13:04.4
22	Sam Colwyn (Fr)	13:12.4
23	Brandon Stein (Fr)	13:18.9
33	Chase Needelman (Fr)	13:41.3
34	Yijia Wang (Fr)	13:49.3
37	Jack Gordon (Fr)	13:52.9
39	Kevin Daly (Fr)	14:01.2
42	Angel Carrillo (Fr)	14:12.9
48	Grayson De Lisle (Fr)	14:38.6
49	Noah Fishman (Fr)	14:42.1
59	Gabe Rubenstein (Fr)	16:23.8
61	Ari Eisenberg (Fr)	16:35.1

VARSITY TEAM SCORES

PI	School	Pts
1	Deerfield	32
2	Highland Park	64
3	Vernon Hills	73
4	Glenbrook North	85
5	Maine West	125
6	Maine East	147

JV TEAM SCORES

PI	School	Pts
1	Deerfield	16
2	Vernon Hills	55
3	Glenbrook North	86
4	Highland Park	96
5	Maine West	130
-	Maine East	Inc.

SOPHOMORE TEAM SCORES

PI	School	Pts
1	Deerfield	31
2	Vernon Hills	65
3	Glenbrook North	66
4	Maine West	86
5	Highland Park	109
-	Maine East	Inc.

FRESHMEN TEAM SCORES

PI	School	Pts
1	Deerfield	21
2	Glenbrook North	34
3	Highland Park	89
4	Vernon Hills	102
-	Maine West	Inc.
-	Maine East	Inc.



It was an absolutely historic day for the DFDC on Saturday! As hosts of the Central Suburban League championship meet, Deerfield showed their very best on their home course in front of a home crowd. This will be a day that the athletes and program will never forget.

Coming into this meet, Deerfield was a huge underdog. In the last four years, Deerfield had faced Highland Park at 18 different meets and finished below them in the results every time. But when the gun went off on Saturday, it was different. Immediately, Deerfield jumped out in front of Highland Park like they wanted to give the huge upset a chance. Highland Park's top two runners were

in their usual place up front, but Deerfield's top five runners were all ahead of Highland Park's #3. Deerfield coaches, teammates, and home crowd were in shock and eagerly waiting to see if Deerfield could hold their position. Not only did Deerfield hold their position, but they moved up further! Ultimately, this proved to be a historic performance for Deerfield as they put four runners in the top seven of the six-team CSL North competition, with their fifth and six runners right there at 11th and 16th. It was an absolutely unexpected outcome. And further, the final results weren't even close. Deerfield dominated the CSL North with 32 points to Highland Park's 64 and Vernon Hills 73. This was the first time Deerfield had won the meet in eleven years.

Deerfield earned five of the 14 All-Conference spots, which hasn't happened since that last win in 2007. Senior **Bradley Brodsky** ran an all-time personal best of 15:20 to get third place and his second All-Conference distinction. Sophomore **Josh Puyear** ran 15:44 for fifth place, junior **Ben Kraemer** ran 16:04 for sixth place, and freshman **Cole Bernstein**, who wasn't even in the original Varsity lineup until a replacement was needed, was seventh place in 16:18. Bernstein is only the second Deerfield freshman to earn All-Conference in the last 40 years. Only 2006 grad Dan Bailey has done that before. Finally, senior **Jonathan Walkk** finished in 11th place in 16:23 to earn All-Conference as well.

Despite their dominating win at the Conference Meet, Deerfield did not win the Conference Championship. The Conference Championship is determined by the best overall record after two quad meets and the Conference Meet. Deerfield's 8-1-1 record was still second to Highland Park's 9-1 record. Due to a loss to Highland Park in the first quad meet and a split with Vernon Hills at the two quads (the loss was by one point), Deerfield finished a half game behind Highland Park.



66	Nick Krishnan (Fr)	18:06.8
69	Connor Daly (Jr)	19:26.3
71	Daniel Ballenger (Sr)	24:11.5
73	Aleksandar Burmeister (Jr)	26:49.2

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All that thrill was just at the varsity level. But at this meet, Deerfield dominated on every level.

The Junior Varsity squad won by so much, they nearly scored a perfect score. This race was never a competition as the Deerfield pack had separation out front almost immediately. Senior **Declan Black** ran a huge personal best time of 16:35 to win the CSL North JV individual championship. Black was followed to the line by senior **Brett Needelman** (2nd, 16:48), junior **Mac Cooley** (3rd, 17:08), junior **Elai Spector** (4th 17:09), and junior **Jason Dahlberg** (6th, 17:17). Junior **Joe Ariano** was sixth for the Warriors solidifying six Deerfield runners in the top eight. The Junior Varsity race proved that in a battle of depth, no CSL North team even comes close to Deerfield.

The Deerfield sophomores also annihilated the CSL North in their race. **AJ Osborn** (1st, 16:53) came away with the individual title with teammate **Ben Zamler** (2nd, 16:53) finishing only a few tenths behind. **Joe Healy** (7th, 17:26) was the third Warrior sophomore. **Ethan Friedman** had a huge breakout race to run 17:37 for 10th overall. And then **Jonah Kaplan** (11th, 17:39) rounded out the scoring. **Zack Greco** finished in 17:55 for 14th place, ensuring that Deerfield collected six of the 14 ribbons and had six sophomores under 18 minutes, eight if you count the two sophomores pulled up to Varsity.

The shorthanded freshmen knew they had a talented Glenbrook North team to beat. At the quad second quad meet, Glenbrook North put seven runners between the Deerfield's third and fourth runners. However, everybody held their ground while **Ethan Blacher** (6th, 11:59) and **Jonah Satyr** (9th, 12:05) broke up that Glenbrook North pack they had lost to last time. At the top, the gunners got it done. **Alex Luo** came out with the individual title in 11:13, just edging out teammate **Ryan Bernstein** (2nd, 11:13). **Lucas Moskovitz** held off Glenbrook North's top runners to finish third in 11:31. **Evan Morris** (13th, 12:33) and Ben Flaxman (14th, 12:36) secured the final two ribbon spots to secure half of the 14 ribbons for Deerfield. **TC Foufas** (16th, 12:41), **Robert Getty** (17th 12:44), and **Noam Dor** (19th, 13:04) made sure Deerfield walked away dominant up front and in depth with eight runners in the top 19, even with one top freshman in the Varsity race and another out with injury.

In all, 60 of the 69 Warrior set new personal best times on Saturday. They won the meet at all four levels, took five of the 14 All-Conference spots, and won 19 of the 42 ribbons. Total dominance. The course was perfect, and the Deerfield home crowd was loud. It made for one of the best days in Deerfield Cross Country history.



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